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Farm and Home - A plastic shower cap, Curry sauce, Cosmetic cape

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A Plastic Shower Cap

By HELEN M. GLOSTER.

I MET a friend the other day who said, "Do write something we can make up for bazaars." This shower cap is very easily made and should make a popular selling line on a fancy stall at a bazaar, for most women dislike getting their hair wet under the shower.

All you will require is a 15-inch square of plastic material and 21¼ in. of narrow white elastic.

Plastic may be coloured, opaque or patterned. For travelling, the thin transparent clear plastic is quite satisfactory and takes up a minimum of space when packing.

Method.

1. Cut a circle from the plastic (7½ in. radius).

2. Machine the elastic to the plastic near the edge, stretching the elastic on to the plastic as you proceed.

   Elastic must be stretched sufficiently to go entirely around the cap.

   Do a second row of machining.

N.B.—It will be necessary to place a sheet of paper between the plastic and the machine while sewing to prevent puckering. Tear paper away after machining is finished.

   If there is any difficulty removing the paper, soften it in cold water. A soft nail brush will then remove paper.
Plastic food covers.
Plastic covers to fit milk jugs, wide-necked bottles and small basins may be made in the same way, using 12 in., 8 in. and 6 in. circles.

CURRY SAUCE
This sauce is delicious served with caseroled meat or poultry. It is also very tasty with a grill.

Ingredients.
1 pint of stock or vegetable water.
1 tablespoonful flour.
Level tablespoonful curry powder.
½ lb. tomatoes.
1 medium sized onion.
1 teaspoonful soya sauce.
Level tablespoonful butter.
Salt to taste (if required).

Method.
1. Fry onion in butter until a golden brown.
2. Add tomatoes and stock and stew until vegetables are soft.
3. Blend flour and curry powder with a little cold water, then add to the sauce.
4. Bring to the boil, stirring all the time. Boil for 5 minutes.
5. Add soya sauce and seasoning to taste.

N.B.—Little or no salt will be required if stock or vegetable water has been salted.

A Cosmetic Cape

By HELEN M. GLOSTER.

EVERY woman and girl knows how powder marks have a habit of appearing around the neck of frocks. This inevitably occurs when one is dressed and ready to go out and resorts to a last minute powdering of the face.

Fig. 2.—Pattern for cosmetic cape

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This cosmetic cape, made of plastic may be fastened over the frock while the face and hair receive attention.

You will require—
1 yard of plastic material.
1 yard bias tape.
Brown paper to cut pattern.

Method. The Pattern.
1. Cut paper measuring 21 in. x 18 in. to form a rectangle.
2. Measure along the 21 in. side O to E 3 in., O to A 7½ in. and O to B 18 in.
3. Drop a line from O to bottom of paper (3 in. from edge all the way).
4. Measure O to C, 6½ in.
5. Rule a line from C to A and measure C to G 5 in.
6. Drop a line from G to K at right angles 6 in.
7. Measure out from G 1½ in. on either side for the dart. Lines H K and J K are joined but shaped off at 5 in.
8. Curves joining C, H, G and A, J, G are marked in. The lower edge of the cape is marked in by working in a radius of 18 in. from point O.
   If a compass is not available measure down 18 in. from point O at intervals and join.
9. Continue swinging the compass until point F is reached.
10. Rule a line from C to F.

To Make the Cape.
1. Fold the plastic in two, the length of fold 21 in. This forms centre back.
2. Place pattern on plastic and cut out.
3. Machine in the darts, and tie off cotton ends.
   Be sure to place paper between machine and plastic while sewing.
4. Bind the top of cape with bias binding and leave ends for tying.
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